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EFEKTIFITAS PENYULUHAN DENGAN MEDIA LEAFLET 36 TERHADAP PENGETAHUAN IBU HAMIL TRIMESTER III TENTANG AIR SUSU IBU EKSKLUSIF DA Dwi Apneni<sup>1</sup>, IGA Adnyawati, M.Kes<sup>2</sup>, NGK Sriasih, M.Kes<sup>3</sup> Abstract. Breastfeeding has a good benefit for infant because it contains nutrient. Preliminary studies conducted in Tabanan Health Center III on 10 pregnant woman, it turn out that the pregnant women were never given information about exclusive breastfeeding. This research aims into determine the effectiveness of media educati on afton heke xcusi asteng.

Research was conducted at Puskesmas Tabanan III by number sample were 56 respondents. This research is pre-experimental with one group pretest-posttest design. The average scores about mother 's nowldgebeoreeagewas 41,86, after given esponiage scores about increase become 77,07. The results of t- test with significant level of 95% and value of p is 0,00 was obtained the value of t are 28,75.

So leaflet is more effective to increase mot hekeabout exclusive breastfeeding. Based on th

## INTERNET SOURCES:

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3% - <https://iopscience.iop.org/issue/1757-899X/434/1>

2% - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3889582/>