

DAFTAR PUSTAKA

- Lubis, I. A. P., Siregar, S. R., & Fauzan, A. 2024. *Diet Rendah Garam pada Pasien Hipertensi*. <https://ojs.unimal.ac.id/index.php/galenical/article/view/14973>. diakses tanggal 8 Januari 2026.
- Adinda, A.A. and Rahmawati, A.Y. 2024. Manajemen Pemberian Diet DASH (Dietary Approach to Stop Hypertension) dengan penambahan buah Kurma (*Phoenix dactylifera* L.) pada Penderita Hipertensi Kronis dalam Kondisi Puasa: Case Report Laporan Kasus. *Jurnal Kesehatan Andalas*. Available at: <http://jurnal.fk.unand.ac.id>.
- Agus Andika, G. and Graharti, R. 2025. Panduan Terbaru Hipertensi: Sebuah Tinjauan Literatur. *Journal Of Medula*.
- Alghozali, R.A., Rochmawati, D. H., Setyowati, W. E., & Luthfa, I. 2025. “Analisis faktor prediktor kepatuhan dalam menjalani pengobatan pasien hipertensi: A literature review,” *Holistik Jurnal Kesehatan*, 19(6), pp. 1595–1605. Available at: <https://doi.org/10.33024/hjk.v19i6.1304>.
- Andika, M., Hasanah, R., Ariny, S., Nouri, S., Alif, T., Sesnawati., & Yuliarti. 2023. *Kardiovaskular “Hipertensi, Stroke, Anemia, Aritmia, Dislipidemia”*. CV. Adanu Abimata.
- Andree, A.A., Irawati, L. and Alioes, Y. 2025. Faktor Risiko Yang Mempengaruhi Kejadian Hipertensi Di Puskesmas Andalas. *Jurnal Riset Ilmiah*. 2(2), pp. 772–781. Available at: <https://doi.org/10.62335>.
- Ayu, M.S. 2021. Analisis Klasifikasi Hipertensi dan Gangguan Fungsi Kognitif pada Lanjut Usia. *JUMANTIK (Jurnal Ilmiah Penelitian Kesehatan)*, 6(2), p. 131. Available at: <https://doi.org/10.30829/jumantik.v6i2.8246>.
- Badan Kebijakan Pembangunan Kesehatan and Kemenkes RI. 2023. Dalam Angka Tim Penyusun SKI 2023 Dalam Angka Kementerian Kesehatan Republik Indonesia. DKI Jakarta.
- Burnier, M. and Egan, B.M. 2020. “Adherence in Hypertension: A Review of Prevalence, Risk Factors, Impact, and Management. *Circulation Research*, 124(7), pp. 1124–1140. Available at: <https://doi.org/10.1161/CIRCRESAHA.118.313220>.
- Choudhry, N.K., Kronish, I. M., Vongpatanasin, W., Ferdinand, K. C., Pavlik, V. N., Egan, B. M., Schoenthaler, A., Miller, N. H., & Hyman, D. J. 2022. “Medication adherence and blood pressure control: A scientific statement from the american heart association. *Hypertension, the official peer-reviewed journal of the American Heart Association*, 79(1), pp. E1–E14.

Available at: <https://doi.org/10.1161/HYP.0000000000000203>.

Commodore-Mensah, Y., Delva, S., Ogungbe, O., Smulcer, L., Rives, S., Himmel farb, C. R. D., Kim, M. T., Bone, L., Levine, D., & Hill, M. N. 2023. A Systematic Review of the Hill-Bone Compliance to Blood Pressure Therapy Scale. *Dove Medical Press Ltd*, pp. 2401–2420. Available at: <https://doi.org/10.2147/PPA.S412198>.

Dewi, A.K. and Maliya, A. 2025. The Role of Self-Efficacy in Treatment Adherence and Quality of Life Improvement in Hypertensive Patients. *Healthy Tadulako Journal (Jurnal Kesehatan Tadulako)*, 11(4), pp. 636–644. Available at: <https://doi.org/10.22487/htj.v11i4.1791>.

Dewi, R.M., Widiya, H., Rizki, G., & Farizi, A. 2020. Overview of medication adherence in hypertensive patients at a community health center in West Semarang, Central Java. *Journal of Pharmaceutical and Sciences. JPS*, 2025(1), pp. 346–352. Available at: <https://doi.org/10.36490/journal-jps.com>.

Diartin, S.A., Zulfitri, R., & Erwin. 2021. Gambaran Interaksi Sosial Lansia Berdasarkan Klasifikasi Hipertensi Pada Lansia Di Masyarakat. *Semantic Scholar*. 1(3). Available at: <https://journal.amikveteran.ac.id/index.php/>.

Dinas Kesehatan Kota Denpasar. 2025. Profil Denpasar Tahun 2024. Denpasar: Dinas Kesehatan Kota Denpasar.

Du., Wu, Y., Wang, B., Jiang, M., Chen, J., & Hui, H. 2024. Mediating effect of self-efficacy on the relationship between Big Five personality and medication adherence in Chinese hypertensive patients: a national cross-sectional study. *Frontiers in Psychology*. 15. Available at: <https://doi.org/10.3389/fpsyg.2024.1442031>.

Egele, Viktoria S., Klopp, E. and Stark, R. 2025a. An empirical ranking of the importance of the sources of self-efficacy for physical activity. *Health Psychology and Behavioral Medicine*, 13(1). Available at: <https://doi.org/10.1080/21642850.2025.2567322>.

Egele, Viktoria Sophie, Klopp, E. and Stark, R. 2025b. How Valid Is Bandura's Social Cognitive Theory to Explain Physical Activity Behavior. *European Journal of Investigation in Health, Psychology and Education*, 15(2). Available at: <https://doi.org/10.3390/ejihpe15020020>.

Fahreza, A., Harahap, D.A. and Kusumawati, N. 2024. Hubungan Kepatuhan Minum Obat Anti Hipertensi Dengan Kualitas hidup Pasienhipertensi Di Desa Tarai Bangun Wilayah Kerja Puskesmas Tambang. *Jurnal Excellent*. Volume 3 Nomor 1 Tahun.

Fatma, M., Eros, E., Suryati, S., Badriah, S., Rizqi, S., Fahira, N., Amini, I., & Jubaedi, A. 2021. H I P E R T E N S I: Kenali Penyebab, Tanda Gejala Dan Penangannya. Jakarta.

- Ghaderi Nasab, Z., Sharifi, H. and Mangolian Shahrabaki, P. 2024. Facilitators of medication adherence in patients with hypertension: a qualitative study. *Frontiers in Public Health*, 12. Available at: <https://doi.org/10.3389/fpubh.2024.1372698>.
- Hamrahian, S.M., Maarouf, O.H. and Fülöp, T. 2022. A Critical Review of Medication Adherence in Hypertension: Barriers and Facilitators Clinicians Should Consider. *Dove Medical Press Ltd*, pp. 2749–2757. Available at: <https://doi.org/10.2147/PPA.S368784>.
- Iwa, K.R., Eka, A. R., Krowa, Y. R. R., & Wea, L. D. 2025. The Relationship Between Self-Efficacy and Medication Adherence Among Hypertensive Patients in Langke Rembong. *Dunia Keperawatan*, 13(1), pp. 115–121. Available at: <https://doi.org/10.20527/dk.v13i1.763>.
- Kara, S. 2022. General self-efficacy and hypertension treatment adherence in Algerian private clinical settings. *Journal of Public Health in Africa*. 13(3). Available at: <https://doi.org/10.4081/jphia.2022.2121>.
- Kartika, M. and Mirsiyanto, E. 2021. Faktor-Faktor Risiko Yang Berhubungan Dengan Hipertensi Di Wilayah Kerja Puskesmas Rawang Kota Sungai Penuh Tahun 2020. *Jurnal Kesmas Jambi*. <https://online-journal.unja.ac.id/jkmj/article/view/12396>
- Kementerian Kesehatan RI. 2022. Diet Hipertensi / Darah Tinggi (DASH Diet). Direktorat Jenderal Pelayanan Kesehatan.
- Kepala Dinas Kesehatan Provinsi Bali. (2025) *Profil Kesehatan Provinsi Bali Tahun 2024*. Available at: www.diskes.baliprov.go.id. diakses tanggal 8 Januari 2026.
- Khairy, S., Aslan, A., Samara, A. M., Mousa, I., Alkaiyat, A. S., & Zyoud, S. H. 2021. Factors associated with self-efficacy in patients with hypertension: a cross-sectional study from Palestine. *Journal of Health, Population and Nutrition*, 40(1). Available at: <https://doi.org/10.1186/s41043-021-00225-2>.
- Lee, J. S., Escano, R. S., Therrien, N. L., Kumar, A., Bhatt, A., Pollack, L. M., Jackson, S. L., & Luo, F. 2024. Antihypertensive Medication Adherence and Medical Costs, Health Care Use, and Labor Productivity Among People With Hypertension. *Journal of the American Heart Association*, 13(21). Available at: <https://doi.org/10.1161/JAHA.124.037357>.
- Liu, Y., Jiang, F., Zhang, M., Niu, H., Cao, J., Du, S., Chen, H., Wang, H., Gong, I., Rao, F., & Wu, H. 2024. Health literacy and self-management among middle-aged and young hypertensive patients: a parallel mediation effect of illness perception and self-efficacy. *Frontiers in Psychology*, 15. Available at: <https://doi.org/10.3389/fpsyg.2024.1349451>.

- Mala, H.A., Kapantouw, N. H., Erling., Kaunang, D., Korompis, G. E. C., & Tahulending, J. M. F. 2025. Faktor-Faktor yang Mempengaruhi Kepatuhan Minum Obat pada Pasien Hipertensi di Fasilitas Pelayanan Kesehatan Primer, Kota Manado. *Jurnal Promotif Preventif* Available at: <http://journal.unpacti.ac.id/index.php/JPP>.
- Mills, K.T., Stefanescu, A. and He, J. 2020. The global epidemiology of hypertension. *Nature Reviews Nephrology*. pp. 223–237. Available at: <https://doi.org/10.1038/s41581-019-0244-2>.
- Muliyadi, Putri P and Yuniarti F (2023) *Manajemen Hipertensi Pendekatan Transformasi Layanan Primer*. Deepublish.
- Muthiyah A. AM, A., Arda, D., Achmad, V. S., Syarif, I & Jukarnain, J. 2023. Self Efficacy of Self-Care Adherence in People with Hypertension. *Jurnal Ilmiah Kesehatan Sandi Husada*, 12(1), pp. 216–223. Available at: <https://doi.org/10.35816/jiskh.v12i1.1017>.
- Nasir, A., Muhith, A. and M. E. Ideputri (2019) *Buku Ajar Metodologi Penelitian Kesehatan : Konsep Pembuatan Karya Tulis dan Thesis Untuk Mahasiswa Kesehatan*. Nuha Medika.
- National Kidney Foundation (2023) *Kidney failure (ESRD) - Symptoms, stages, & treatment*. <https://www.kidney.org/kidney-topics/kidney-failure>. diakses pada tanggal 18 Januari 2026.
- Nugroho, C. and Kosasih, I. 2021. Self Efficacy Analysis Of Nurses Based On Demographic Data In The Middle Of The Covid-19 Pandemic. *Jurnal Ilmiah Pamenang*, 3(2), pp. 43–49. Available at: <https://doi.org/10.53599>.
- Nursalam. 2020. *Konsep dan penerapan metodologi nursalam*. Available at: <https://repo.upertis.ac.id/1022/1/75%20Konsep%20dan%20penerapan%20metodologi.pdf>. diakses 26 February 2026.
- Peng, X, Wan, L., Yu, B., & Zhang, J. 2025. The link between adherence to anti-hypertensive medications and mortality rates in patients with hypertension: a systematic review and meta-analysis of cohort studies. *BioMed Central Ltd*. Available at: <https://doi.org/10.1186/s12872-025-04538-6>.
- Ramadhani, L.P. and Aini, D.N. 2020. Hubungan Self Efficacy Dengan Problem Focused Coping Pada Pasien Hipertensi. *Jurnal Ners Widya Husada*, 7(1).
- Sakti, I. P. and Luhung, M. 2025. *Buku Ajar Penatalaksanaan Lansia Hipertensi*. 1st ed. Malang: PT. Literasi Nusantara Abadi Grup. Available at: www.penerbitlitnus.co.id.
- Savarese, G., Lindberg, F., Cannata, A., Adamo, M., Ambrosio, G., Ameri, P., Anker, M., Back, M., Bayes-Genis, A., Ben Gal, T., Braunschweig, F., Chioncel, O., D’Elia, E., El-Tamimi, H., Filippatos, G., Gired, N., Hill, L., Jankowska, E., Khunti, K., Lewis, B., Moura, B., Amir, O., Paolillo, S.,

- Piepoli, M., Shehab, A., Simpson, M., Skouri, H., Stolfo, D., Tocchetti, C. G., Vitale, C., Volterrani, M., Von Haehing, S., Wassmann, S., Yimaz, M. B., Kaski, J. C., Dobrev, D., Metra, M., & Rosano, G. M. C. 2025. Adherence to guideline-directed medical treatments in heart failure. A scientific statement of the Heart Failure Association (HFA) of the ESC and the ESC Working Group on Cardiovascular Pharmacotherapy. *European Journal of Heart Failure*, 27(12), pp. 2716–2731. Available at: <https://doi.org/10.1002/ejhf.70090>.
- Schunk, D.H. and DiBenedetto, M.K. 2021. Self-efficacy and human motivation. *Advances in Motivation Science*. Elsevier Ltd, pp. 153–179. Available at: <https://doi.org/10.1016/bs.adms.2020.10.001>.
- Setiadi, A.P., Febriandini, A., Trinanda, E., Aryaguna, W., Mutho'atin, C. I., Nurlaili, Y., Sunderland, B., & Wibowo, Y. 2022. Knowing the gap: medication use, adherence and blood pressure control among patients with hypertension in Indonesian primary care settings. *National Institute of Health*. 10. Available at: <https://doi.org/10.7717/peerj.13171>.
- Shariff, R. E. R., Jiang, H., Yap, J., Tan, S. Y., Cuenza, L., Dwiputra, B., Habib, F., Chang, W., Chimura, M., Lee, G. U. D. P. H., Malis, V., Hewarathna, U. I., Surunchupakom, P., Nguyen, Q. N., Jafar, T. H., Pronyk, P. M., Tiksanadi, B., Dalakoti, M., Sin, K., & Tan, J. W. 2024. Overview of the Burden and Challenges of Hypertension in Asia-Pacific. *Radcliffe Media Media Ltd*, 3(Journal of Asian Pacific Society of Cardiology), p. e44. Available at: <https://doi.org/https://doi.org/10.15420/japsc.2024.35>.
- Shen, Z., Shi, S., Ding, S., & Zhong, Z. 2020. Mediating Effect of Self-Efficacy on the Relationship Between Medication Literacy and Medication Adherence Among Patients With Hypertension. *Frontiers in Pharmacology*, 11. Available at: <https://doi.org/10.3389/fphar.2020.569092>.
- Siboro, E., Febrianti, D., Rufinus, A., Kurniawan, T., Tawarik, O., & Upa, Y. 2021. Exploring the Levels of Self-Efficacy in Microteaching Among Pre-Service Teachers. *Journal of English Language and Education*, 11, p. 2026. Available at: <https://doi.org/10.31004/jele.v11i1.1957>.
- Sihotang, M. and Elon, Y. 2020. Hubungan Aktivitas Fisik Dengan Tekanan Darah Pada Orang Dewasa. *NURSING SCIENTIFIC JOURNAL*.
- Solihin Solihin and Bambang Budi Raharjo 2025. Faktor yang Memengaruhi Kepatuhan Minum Obat pada Lansia Penderita Hipertensi di Wilayah Kerja Puskesmas Pelawan Sarolangun,. *Jurnal Riset Rumpun Ilmu Kedokteran*, 4(1), pp. 197–204. Available at: <https://doi.org/10.55606/jurrike.v4i1.4647>.
- Steigen, A.M., Finbråten, H.S. and Kleppang, A.L. 2022. Using Rasch Analysis to Assess the Psychometric Properties of a Five-Item Version of the General Self-Efficacy Scale in Adolescents. *International Journal of Environmental Research and Public Health*, 19(5). Available at:

<https://doi.org/10.3390/ijerph19053082>.

- Sugiyono. 2020. *Metode Penelitian Kuantitatif, Kualitatif, Dan R&D*. Alfabeta : Bandung.
- Sugiyono. 2023. *Metode Penelitian Kuantitatif, Kualitatif, Dan R&D*. 5th ed. Alfabeta : Bandung. Available at: www.cvalfabeta.com.
- Susilawati & Widiawati. 2024. Hubungan Self Efficacy dengan Kepatuhan Minum Obat pada Pasien Hipertensi di Kelurahan Cisarua Wilayah Kerja UPTD Puskesmas Sukabumi Kota Sukabumi, *Health Society*, 13, pp. 46–55.
- Tan, F.C.J.H., Oka, P., Dambha-Miller, H & Tan, N. C. 2021. The association between self-efficacy and self-care in essential hypertension: a systematic review. *BMC Family Practice*, 22(1). Available at: <https://doi.org/10.1186/s12875-021-01391-2>.
- Wells, B.G., Dipiro, J. T., Schwinghammer, T. L., & Dipiro, C. V. 2020. *Pharmacotherapy Handbook*. Ninth Edition.
- Wilandika, A., Handayani, A. and Sanusi, S. 2023. Self-Efficacy of Medication Adherence in Hypertensive Patients in Bandung Regency, Indonesia. *Malaysian Journal of Nursing*, 15, pp. 32–40. Available at: <https://doi.org/10.31674/MJN.2023.V15ISUPP1.004>.
- World Health Organization. 2023. *Global report on hypertension The race against a silent killer*. <https://www.who.int/publications/i/item/9789240081062>. diakses tanggal 16 Desember 2025.
- World Health Organization. 2025a. *Hipertensi, WHO*. Available at: <https://www.who.int/news-room/fact-sheets/detail/hypertension>. diakses tanggal 16 Desember 2025
- World Health Organization. 2025b. *Uncontrolled high blood pressure puts over a billion people at risk, WHO*. Available at: <https://www.who.int/news/item/23-09-2025-uncontrolled-high-blood-pressure-puts-over-a-billion-people-at-risk>. diakses tanggal 16 Desember 2025
- Wulandari, I.S., Faozi, A. and Aisyah, I. 2024. Analisis faktor pembangun self efficacy pada penderita hipertensi dalam melaksanakan kepatuhan minum obat, *Holistik Jurnal Kesehatan*, 18(3), pp. 350–360. Available at: <https://doi.org/10.33024/hjk.v18i3.332>.
- Yudhistira, S., Deasyanti and Muzdalifah, F. 2021. Construct Validity of Unidimensional General Self-Efficacy Using Confirmatory Factor Analysis. *Jurnal Pengukuran Psikologi dan Pendidikan Indonesia*, 10(1), pp. 60–66. Available at: <https://doi.org/10.15408/jp3i.v10i1.17150>.
- Zakia, A. N., Sari, D. M., & Dwi, P. A. 2024. Faktor-Faktor Yang Mempengaruhi Kepatuhan Pasien Dalam Menggunakan Obat Hipertensi Di Puskesmas

Cikarang. *Cakrawala Medika: Journal of Health Sciences*. Available at:
<https://publikasi.medikasuherman.ac.id/index.php/cmj>.