

DAFTAR PUSTAKA

- Abduh, M., Alawiyah, T., Apriansyah, G., Abdullah, R., & Afgani, M. W. (2023). Jurnal Pendidikan Sains dan Komputer Survey Design : Cross Sectional dalam Penelitian Kualitatif Jurnal Pendidikan Sains dan Komputer. *Jurnal Pendidikan Sains Dan Komputer*, 3(1), 31–39.
- Agarwal, A., & Anjum, F. (2023). *Hemodialysis*. National Library of Medicine. <https://www.ncbi.nlm.nih.gov/books/NBK563296/>
- Alhewiti, A. (2025). eHealth Literacy and Trust in Health Information Sources. *Healthcare (Switzerland)*, 13(6). <https://doi.org/10.3390/healthcare13060616>
- Almutary, H., & Tayyib, N. (2022). Factors Influencing Self-Management among Non-Dialysis Chronic Kidney Disease Patients. *Healthcare (Switzerland)*, 10(3), 1–9. <https://doi.org/10.3390/healthcare10030436>
- Angfakh, M. A. R., Wildan, M., & Cahyono, H. D. (2024). Hubungan Frekuensi Hemodialisis dengan Kualitas Hidup pada Pasien Gagal Ginjal Kronik. *Jurnal Keperawatan Malang*, 09(01), 89–99.
- Atraca, E., Solinho, L., Pires, S., Braga, V., & Gomes, I. (2025). An Educational Nursing Program to Improve Self-Care in Chronic Kidney Disease : A Multiple Case Study. *Journal Of Ageing and Longevity*, 5, 1–12. <https://doi.org/doi.org/10.3390/jal5030030>
- Ayuningtiyas, D. C., Sulistyaningsih, D. R., & Setyawati, R. (2025). Gambaran Pengetahuan dan Perawatan Akses Vaskuler pada Pasien Hemodialisa. *Jurnal Keperawatan Sisthana*, 10(2), 1–6. <https://doi.org/https://doi.org/10.55606/sisthana.v10i2.1758>
- Azzahra, Z. (2023). *Karya Tulis Ilmiah Gambaran Literasi Kesehatan Digital dan Perilaku Penggunaan Internet pada Ibu Rumah Tangga di RW 07 Kelurahan Johar Baru Jakarta Pusat Tahun 2023* [Poltekkes Kemenkes Jakarta II]. <https://repository.poltekkesjkt2.ac.id/index.php?p=fstream-pdf&fid=11818&bid=9797>
- Ban, S., Kim, Y., & Seomun, G. A. (2024). Digital health literacy: A concept analysis. *Digital Health*, 10, 1–15. <https://doi.org/10.1177/20552076241287894>
- Billany, R. E., Thopte, A., Adenwalla, S. F., March, D. S., Burton, J. O., & Brown, M. P. M. G. (2023). Associations of health literacy with self - management behaviours and health outcomes in chronic kidney disease : a systematic review. *Journal of Nephrology*, 36(5), 1267–1281. <https://doi.org/10.1007/s40620-022-01537-0>
- Cahyani, A. N., Pujiastuti, T. T., & Kristanti, F. (2024). Hubungan Lama Hemodialisis Dengan Kualitas Hidup Pasien Chronic Kidney Disease (CKD)

Yang Menjalani Hemodialisis Di Rumah Sakit Panti Rapih Yogyakarta. *Jurnal Keperawatan I Care*, 5(2).

Cardol, C. K., Meuleman, Y., Middendorp, H. Van, Boog, P. J. M. Van Der, Hilbrands, L. B., Navis, G., Sijpkens, Y. W. J., Sont, J. K., & Evers, A. W. M. (2023). Psychological Distress and Self-Management in CKD: A Cross-Sectional Study. *Kidney Medicine*, 5(10), 100712. <https://doi.org/10.1016/j.xkme.2023.100712>

Chen, T. K., Knicely, D. H., & Grams, M. E. (2020). Chronic Kidney Disease Diagnosis and Management: A Review. *JAMA*, 322(13), 1294–1304. <https://doi.org/10.1001/jama.2019.14745>.Chronic

Chen, W. C., Lin, C. C., Wu, C. C., & Song, Y. C. (2021). Psychometric testing of the hemodialysis self-management instrument (HDSMI-18): A confirmatory factor analysis. *Nursing Open*, 8(5), 2832–2839. <https://doi.org/10.1002/nop2.867>

Dinas Kesehatan Prov.Bali. (2024). *Profil Kesehatan Provinsi Bali 2024* (1st ed.). Dinas Kesehatan Provinsi Bali. <https://diskes.baliprov.go.id/profil-kesehatan-provinsi-bali/>

Du, Y., Dennis, B., Ramirez, V., Li, C., Wang, J., & Meireles, C. L. (2022). Experiences and disease self-management in individuals living with chronic kidney disease : qualitative analysis of the National Kidney Foundation ' s online community (USA). *BMC Nephrology*, 1–10. <https://doi.org/10.1186/s12882-022-02717-7>

Duplaga, M., & Grysztar, M. (2021). Socio-economic determinants of health literacy in high school students: A cross-sectional study. *International Journal of Environmental Research and Public Health*, 18. <https://doi.org/10.3390/ijerph182212231>

Ekawati, Melastuti, E., & Suyanto. (2025). Edukasi Berbasis Digital Tentang Pengetahuan Pasien Penyakit Ginjal Kronis (PGK) Dengan Terapi Hemodialisis:Tinjauan Literatur. *Jurnal Ners*, 9(2), 2395–2402. <https://doi.org/https://doi.org/10.31004/jn.v9i2.41889>

Faldu, C. T., & Knicely, D. H. (2025). Advanced Chronic Kidney Disease and Patient Education. *Kidney and Dialysis*, 5(3). <https://doi.org/10.3390/kidneydial5030032>

Farris, O., Orbell, S., Lamarche, V. M., & Smith, R. (2025). Promoting self-management in chronic disease: a systematic review and meta-analysis of behaviour change interventions for patients on dialysis. In *Health Psychology Review* (Vol. 19, Issue 2). <https://doi.org/10.1080/17437199.2025.2471775>

Friedrich, N. K., Schmitt, N., Hruby, H., & Kugler, C. (2025). Self-management interventions for adult haemodialysis patients : a scoping review of

randomized controlled trials. *BMC Nephrology*, 26.
<https://doi.org/10.1186/s12882-025-04229-6>

GBD Chronic Kidney Disease Collaborators. (2023). Global , regional , and national burden of chronic kidney disease in adults , 1990 – 2023 , and its attributable risk factors : a systematic analysis for the Global Burden of Disease Study 2023. *Global Burden of Disease Study 2023*, 22, 2461–2482.
[https://doi.org/10.1016/S0140-6736\(25\)01853-7](https://doi.org/10.1016/S0140-6736(25)01853-7)

Graham-brown, M. P. M., Smith, A. C., & Greenwood, S. A. (2023). Digital health interventions in chronic kidney disease : levelling the playing field? *Clinical Kidney Journal*, 16, 763–767. <https://doi.org/10.1093/ckj/sfac259>

Hapipah, Istianah, Kaseger, H., Kristiani, R. B., Simon, M. G., Making, M. A., Banase, E. F. T., Aini, L. N., Aty, Y. M. V. B., Sulistyana, C. S., Jaata, J., Safitri, Y., Sari, L. M., Rohmawati, D. L., & Susanti, E. (2022). *Asuhan Keperawatan Pasien Dengan Gangguan Sistem Perkemihan Berbasis SDKI, SLKI, dan SIKI* (M. Martini, R. Birrang, & S. Nugraha (eds.); 1st ed.). Penerbit Media Sains Indonesia.
https://repo.akperngawi.ac.id/Dhian_Luluh/Buku_Digital_-_Asuhan_Keperawatan_Pasien_Dengan_Gangguan_Sistem_Perkemihan_Berbasis_SDKI%2C_SLKI_DAN_SIKI.pdf?

Hustrini, N. M. (2023). Chronic Kidney Disease Care in Indonesia : Challenges and Opportunities JAKARTA. *Acta Med Indones-Indones J Intern Med*, 55(1), 1–3. <https://doi.org/10.1038/ki.2015.230.3>.

Indarwati, Maryatun, Purwaningsih, W., Andriani, A., & Siswanto. (2020). *Penerapan Metode Penelitian Dalam Praktik Keperawatan Komunitas Lengkap Dengan Contoh Proposal* (ASA Grafitika Solo & J. Susila (eds.); 2nd ed.). CV. Indotama SOlo.

International Society Of Nephrology. (2013). KDIGO 2012 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease. *Journal Of The International Society Of Nephrology*, 3(1), 4477–4483.
<https://doi.org/10.3182/20140824-6-za-1003.01333>

International Society Of Nephrology. (2024). KDIGO 2024 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease. *Journal Of The International Society Of Nephrology*, 105(4).
[https://doi.org/10.1016/s0085-2538\(24\)00650-1](https://doi.org/10.1016/s0085-2538(24)00650-1)

Jiang, X., Wang, L., Leng, Y., Xie, R., Li, C., Nie, Z., Liu, D., & Wang, G. (2024). The level of electronic health literacy among older adults: a systematic review and meta-analysis. *Archives of Public Health*, 82(1).
<https://doi.org/10.1186/s13690-024-01428-9>

Jung, H. Y., Jeon, Y., Park, Y., Kim, Y. S., Kang, S. W., Yang, C. W., Kim, N. H., Choi, J. Y., Cho, J. H., Park, S. H., Kim, C. D., & Kim, Y. L. (2019).

- Better Quality of Life of Peritoneal Dialysis compared to Hemodialysis over a Two-year Period after Dialysis Initiation. *Scientific Reports*, 9(1), 1–10. <https://doi.org/10.1038/s41598-019-46744-1>
- Kementerian Kesehatan RI. (2018a). *Cegah dan Kendalikan Penyakit Ginjal CERDIK dan PATUH*. Kementerian Kesehatan RI. <https://www.kemkes.go.id/id/cegah-dan-kendalikan-penyakit-ginjal-cerdik-dan-patuh>
- Kementerian Kesehatan RI. (2018b). Laporan Riset Kesehatan Nasional 2018. *Laporan Nasional Riskesdas 2018*, 44(8), 181–222. [http://www.yankes.kemkes.go.id/assets/downloads/PMK No. 57 Tahun 2013 tentang PTRM.pdf](http://www.yankes.kemkes.go.id/assets/downloads/PMK%20No.%2057%20Tahun%202013%20tentang%20PTRM.pdf)
- Kementerian Kesehatan RI. (2022). *Gejala Penyakit Ginjal Kronis Yang Harus Diwaspadai*. Kementerian Kesehatan RI. <https://ayosehat.kemkes.go.id/gejala-penyakit-ginjal-kronis-yang-harus-diwaspadai>
- Kementerian Kesehatan RI. (2023a). Pedoman Nasional Pelayanan Kedokteran Tata Laksana Penyakit Gagal Ginjal Kronik. *Keputusan Menteri Kesehatan Republik Indonesia*, 11, 1–189. <https://www.kemkes.go.id/id/pnpgk-2023---tata-laksana-penyakit-ginjal-kronik>
- Kementerian Kesehatan RI. (2023b). *Survey Kesehatan Indonesia 2023*. Kementerian Kesehatan RI.
- Kementerian Kesehatan RI. (2025). *Profil Kesehatan Indonesia* (F. Sibuea (ed.)). Kementerian Kesehatan Republik Indonesia. <https://kemkes.go.id/id/profil-kesehatan-indonesia-2024>
- Khusniyati, N., Forwaty, E., & Delvira, W. (2023). Pengaruh Kepatuhan Batasan Cairan, Dukungan Keluarga terhadap Kualitas Hidup pada Pasien Hemodialisa. *Jurnal Keperawatan*, 8(2), 137–156. <https://doi.org/10.32668/jkep.v8i2.1353>
- Komang, N., Trisnawati, E., Arwidiana, D. P., Made, N., & Wati, N. (2025). Hubungan health literacy dengan manajemen diri pada pasien chronic kidney disease yang menjalani hemodialisis. *Journal Of Medical Surgical Concerns*, 5(1), 15–22. <https://doi.org/10.56922/msc.v5i1.1334>
- Lazuardi, G. (2024). *Masyarakat Indonesia Lebih Banyak Dapat Info Kesehatan dari Media Sosial*. Tribun News. <https://www.tribunnews.com/techno/2024/10/24/masyarakat-indonesia-lebih-banyak-dapat-info-kesehatan-dari-media-sosial>
- Liu, H. X., Chow, B. C., Liang, W., Hassel, H., & Huang, Y. J. W. (2021). Measuring a broad spectrum of ehealth skills in the web 3.0 context using an eHealth literacy scale: Development and validation study. *Journal of Medical*

Internet Research, 23(9), 1–19. <https://doi.org/10.2196/31627>

- MacKey, L. M., Doody, C., Werner, E. L., & Fullen, B. (2016). Self-management skills in chronic disease management: What role does health literacy have? *Medical Decision Making*, 36(6), 741–759. <https://doi.org/10.1177/0272989X16638330>
- Mahanupab, P., Chintanawat, R., & Juntasopeepun, P. (2021). Health Literacy and Self-Management in Older Persons Receiving Hemodialysis. *Journal of Thailand Nursing and Midwifery Council*, 37(1), 108–124.
- Mailani, F., Huriani, E., & Muthia, R. (2023). Self-Management and Relating Factors among Chronic Kidney Disease Patients on Hemodialysis: An Indonesian Study. *Nurse Media Journal of Nursing*, 13(April), 109–120.
- Masturoh, I., & Anggita T, N. (2018). *Metodologi Penelitian Kesehatan* (B. A. Darmanto & N. Suwarno (eds.); 1st ed.). Kementerian Kesehatan Republik Indonesia.
- Melastuti, E., Nafsiah, H., & Fachrudin, A. (2018). Gambaran Karakteristik Pasien Hemodialisis Di Rumah Sakit Islam Sultan Agung Semarang. *Jurnal Ilmiah Kesehatan Rustidah*, 4(2), 518–525. <https://e-journal.akesrustida.ac.id/index.php/jikr/article/view/59>
- Mialhe, F. L., Moraes, K. L., Sampaio, H. A. D. C., Brasil, V. V., & Rebustini, F. (2023). Standardization of eHealth Literacy Scale scores for assessing digital health literacy. *Revista de Enfermagem Da UERJ*, 1–9. <https://doi.org/10.12957/reuerj.2023.74812>
- Montalescot, L., Rascle, N., Combe, C., & Untas, A. (2021). Patients' experience one year after dialysis initiation: a lexicometric analysis. *Health Psychology and Behavioral Medicine*, 9(1), 380–397. <https://doi.org/10.1080/21642850.2021.1918552>
- Muliani, R., & Fauziah, L. A. (2022). Komorbiditas Dan Lama Menjalani Hemodialisis Dengan Kualitas Hidup Pada Klien Yang Menjalani Hemodialisis Address : Phone : *Window of Health Jurnal Kesehatan*, 5(2), 533–544. <https://jurnal.fkmumi.ac.id/index.php/woh/article/view/24/5>
- Nappoe, S. A., Djasri, H., & Kurniawan, M. F. (2023). *Chronic disease management programme (PROLANIS) in Indonesia* (1st ed.). World Health Organization. <https://www.who.int/publications/b/68297>
- National Institute of Diabetes and Digestive and Kidney Disease. (2023). *Hemodialysis*. <https://www.niddk.nih.gov/health-information/kidney-disease/kidney-failure/hemodialysis#happens>
- National Kidney Foundation. (2023). *Chronic Kidney Disease (CKD)*. National Kidney Foundation. <https://www.kidney.org/kidney-topics/chronic-kidney-disease-ckd>

- Nopita, Y., Eni, R., Rahayu, M. K., & Gusni, J. (2024). Faktor-Faktor Yang Mempengaruhi Self Management Klien Gagal Ginjal Kronik. *Jurnal Kesehatan Medika Saintika*, 15(2), 558–567. <https://doi.org/10.30633/jkms.v15i2.3056>
- Norman, C. D., Skinner, H. A., Norman, C. D., & Street, E. (2006). eHealth Literacy: Essential Skills for Consumer Health in a Networked World TORONTO. *Journal Of Medical Internet Research*, 8, 1–10. <https://doi.org/10.2196/jmir.8.2.e9>
- Notoatmodjo. (2018). *Promosi Kesehatan dan Perilaku Kesehatan* (Revisi). Rineka Cipta.
- Paige, S. R., Krieger, J. L., & Stellefson, M. L. (2017). The Influence of eHealth Literacy on Perceived Trust in Online Health Communication Channels and Sources. *Journal of Health Communication*, 22(1), 53–65. <https://doi.org/10.1080/10810730.2016.1250846>
- Peng, S., He, J., Huang, J., Lun, L., Zeng, J., Zeng, S., Zhang, L., Liu, X., & Wu, Y. (2019). Self-management interventions for chronic kidney disease: a systematic review and meta-analysis CHINA. *BMC Nephrology*, 20. <https://doi.org/10.1186/s12882-019-1309-y>
- Pondaag, F. A., Mariana, D., & Ahmad, M. (2024). Literasi Kesehatan Berhubungan Dengan Self Care Management Pasien Penyakit Ginjal Kronik Yang Menjalani Hemodialisa. *Jurnal Keperawatan Tropis Papua*, 07. <https://doi.org/10.47539/jktp.v7i1.376>
- Prasetya, I. (2022). *Metodologi Penelitian Pendekatan Teori dan Praktik* (Akrim & E. Sulasmi (eds.)). UMSU Press.
- Putra, E. S., Rahmad, A. H. Al, Aini, R. N., Bar, A., Razi, P., Sutyan, & Karwiti, W. (2025). *Buku Ajar Biostatistik Dasar Untuk Mahasiswa Kesehatan* (N. Sulung (ed.); 1st ed.). Penerbit Get Press Indonesia.
- Putri, I., Jamiatun, Indriyani, I., & Susanti, F. (2024). Hubungan Lama Menjalani Hemodialisis Dengan Kualitas Hidup Pada Pasien Gagal Ginjal Kronik. *Jurnal Keperawatan Muhammadiyah Bengkulu*, 12(2), 72–81. <https://doi.org/10.36085/jkmb.v12i2.6809>
- Rachmawati, A., & Marfianti, E. (2020). Karakteristik Faktor Risiko Pasien Chronic Kidney Disease (CKD) Yang Menjalani Hemodialisa Di Rs X Madiun. *Biomedika*, 12(1), 36–43. <https://doi.org/10.23917/biomedika.v12i1.9597>
- Ramadhani, N., Albina, M., Islam, U., Sumatera, N., Estate, M., & Serdang, D. (2025). Analisis Metode Penelitian Korelasional Dalam Konteks Pendidikan Modern. *Jurnal Media Akademik*, 3(6). <https://doi.org/10.62281/v3i6.2366>
- Riski, M., Puspitasari, I. M., Rahayu, C., & Alfian, S. D. (2025). Factors

associated with self-care behavior in patients with chronic kidney disease: a systematic review. *BMC Nephrology*, 26(1). <https://doi.org/10.1186/s12882-025-04137-9>

Riyanti, D., & Aminah, S. (2023). Hubungan Tingkat Pengetahuan Dengan Kualitas Hidup Pasien Yang Menjalani Hemodilisis Di RS Islam Jakarta Tahun 2023. *INNOVATIVE: Journal Of Social Science Research*, 3(2), 14647–14656. <https://j-innovative.org/index.php/Innovative/article/view/2043/1531>

Sahu, G., Arora, P., Tiwari, P., D'Cruz, S., & Tahlan, A. (2025). Demographic factors and health-related quality of life in dialysis-dependent chronic kidney disease patients: a cross-sectional analysis. *Exploration of Medicine*, 6, 1–17. <https://doi.org/10.37349/emed.2025.1001303>

Schrauben, S. J., Hsu, J. Y., Rosas, S. E., Deo, R., Jaar, B. G., Saab, G., Lederer, S., Chen, J., Ricardo, A. C., Lash, J. P., Feldman, H. I., & Anderson, A. H. (2017). CKD self-management: Identifying phenotypes and associations with renal and cardiovascular outcomes. *Journal of the American Society of Nephrology*, 28(3), 504. <https://doi.org/10.1053/j.ajkd.2018.01.047>.CKD

Sembiring, T. B., Irmawati, Sabir, M., & Tjahyadi, I. (2024). *Buku Ajar Metodologi Penelitian (Teori dan Praktik)* (A. Maharani, A. Syatifa, & Utamirohmahsari (eds.); 1st ed.). CV. Saba Jaya Publisher.

Shen, H., Kleij, R. M. J. J. Van Der, Boog, P. J. M. Van Der, & Chang, X. (2019). Electronic Health Self-Management Interventions for Patients With Chronic Kidney Disease: Systematic Review of Quantitative and Qualitative Evidence Corresponding Author: *Journal Of Medical Internet Research*, 21(11). <https://doi.org/10.2196/12384>

Sinurat, L. R. E., Barus, D., Simamora, M., & Syapitri, H. (2022). Self Management Berhubungan Dengan Kualitas Hidup pada Pasien Gagal Ginjal Kronis di Unit Hemodialisa. *Jurnal Penelitian Perawat Profesional*, 4, 173–184.

Sjamsuddin, I. N., & Anshari, D. (2023). Uji Reliabilitas dan Validitas Instrumen Literasi Kesehatan Digital untuk Mahasiswa Program Sarjana. *Media Publikasi Promosi Kesehatan Indonesia*, 6(1), 68–74. <https://doi.org/10.56338/mppki.v6i1.2902>

Stomer, U. E., Wahl, A. K., Goransson, L. G., & Urstad, K. H. (2020). Health Literacy In Kidney Disease: Associations With Quality Of Life And Adherence. *Journal Of Renal Care*, 46(2), 85–94. <https://doi.org/10.1111/jorc.12314>

Suara, E., & Retnaningsih, D. (2024). Karakteristik Faktor Risiko Pasien Chronic Kidney Disease (CKD) Yang Menjalani Hemodialisa. *Jurnal Manajemen Asuhan Keperawatan*, 8(2), 59–63. <https://doi.org/10.33655/mak.v8i2.194>

- Sugiyono. (2023). *Metode Penelitian Kuantitatif Kuaalitatif dan R&D* (Sutopo (ed.); 5th ed.). Alfabeta.
- Suliah, S., Yuliani, F. C., & Rusyani, Y. (2026). Hubungan Durasi Hemodialisa dengan Tekanan Darah Pasien Gagal Ginjal Kronis. *Jurnal Keperawatan Berbudaya Sehat*, 4(1). <https://doi.org/1035473/JKBS.v4i1.4347>
- Sulistyowati, R. (2023). *Asuhan Keperawatan Pada Klien Gagal Ginjal* (1st ed., Vol. 32, Issue 3). UNSMA Press. [http://repo.polkesraya.ac.id/2753/1/BUKU ASKEP GAGAL GINJAL.pdf](http://repo.polkesraya.ac.id/2753/1/BUKU_ASKEP_GAGAL_GINJAL.pdf)
- Susfolyanto, A., Permadi, C., Putri, S., & Pranata, S. (2023). *Analyzing the Concept of Self-Management in Hemodialysis Patients with Chronic Kidney Disease (Proceedings of the 2nd Lawang Sewu International Symposium on Health Sciences: Nursing (LSISHS-N 2023))*. Atlantis Press International BV. <https://doi.org/10.2991/978-94-6463-467-9>
- Suwitra, K. (2010). *Buku Ajar Ilmu Penyakit Dalam* (A. W. Sudoyo, B. Setiyohadi, I. Alwi, M. Simadibrata K, & S. Setiati (eds.); V). Interna Publishing.
- Taylor, D. M., Fraser, S., Dudley, C., Oniscu, G. C., & Tomson, C. (2018). Health literacy and patient outcomes in chronic kidney disease : a systematic review. *Nephrology Dialysis Transplantation*, 33, 1545–1558. <https://doi.org/10.1093/ndt/gfx293>
- Tio. (2021). *Perawatan Pasien Dengan CKD (Gagal Ginjal Kronis)* (R. habibul Hadi, Pratiwi, & H. Apriani (eds.); 1st ed.). Pustaka Taman Ilmu. <https://bintangpusnas.perpusnas.go.id/webapp/public/detail/BK61496>
- Vaidya, S. R., & Aeddula, N. R. (2024). *Chronic Kidney Disease*. StatPearls.
- Van Der Vaart, R., & Drossaert, C. (2017). Development of the digital health literacy instrument: Measuring a broad spectrum of health 1.0 and health 2.0 skills. *Journal of Medical Internet Research*, 19(1), 1–13. <https://doi.org/10.2196/jmir.6709>
- Wahyudi, J. T., Abdillah, M. S., & Suratun. (2025). Kejadian Interdialitic Complication pada Pasien Penyakit Ginjal Kronik yang Menjalani Hemodialisa: Studi Deskriptif. *JIKA (Jurnal Inspirasi Kesehatan)*, 3(1), 2–6. <https://doi.org/https://doi.org/10.52523/jika.v3i1.156>
- Welch, J. L., Perkins, S. M., & Decker, B. S. (2016). Self-Management Interventions in Stages 1-4 Chronic Kidney. *Western Journal of Nursing Research*, 37(5), 1–20. <https://doi.org/10.1177/0193945914551007>.Self-Management
- Xie, L., Zhang, S., Xin, M., Zhu, M., Lu, W., & Mo, P. K. H. (2022). Electronic health literacy and health-related outcomes among older adults: A systematic review. *Preventive Medicine*, 157(September 2021), 106997.

<https://doi.org/10.1016/j.ypmed.2022.106997>

- Yasin, F., Khraim, F., Santos, M., Forgrave, D., & Hamad, A. (2024). Factors influencing self-care management in adult hemodialysis patients: An integrative review. *Qatar Medical Journal*, 2024(1), 1–17. <https://doi.org/10.5339/qmj.2024.12>
- Zahra, H., & Solihin, O. (2025). *Literasi Kesehatan Digital Era Infodemic: Analisis Konseptual, Faktor Penentu, Dan Strategi Intervensi*. https://www.researchgate.net/publication/394383423_Literasi_Kesehatan_Digital_Tinjauan_Konseptual_dan_Aplikatif
- Zahroh, R., & Istiroha. (2023). *Konsep Dasar Dan Asuhan Keperawatan Sistem Perkemihan*. Penerbit Sagusatal Indonesia. [http://elibs.unigres.ac.id/2300/1/Buku-konsep dasar dan asuhan keperawatan sistem perkemahan.pdf](http://elibs.unigres.ac.id/2300/1/Buku-konsep%20dasar%20dan%20asuhan%20keperawatan%20sistem%20perkemahan.pdf)
- Zeeb, H., Maaß, L., Schultz, T., Ulrike, H., Pigeot, I., & Schuz, B. (2025). *Digital Public Health Interdisciplinary Perspective* (1st ed.). Springer Charm. <https://link.springer.com/book/10.1007/978-3-031-90154-6>